Open Airway
Kompetenz für Schlaf & Atmung

OPEN AIRWAY ACADEMY
Course 2

December 11–12, 2026 · Munich

What do dentists and orthodontists need to know about airway and sleep – and how can these insights be applied in daily treatment?

Putting basic airway diagnostics and treatment into everyday practice

Dr. Josef Diemer · Dr. Matthias Müller

WHAT IT'S ABOUT

This course gives dentists and orthodontists the essentials on airway and sleep. We show what matters and where to deepen this knowledge, point out possible approaches and provide concrete ideas for implementation. The focus is on structured workflows that can be implemented directly in your own practice: integrating screenings into the routine, evaluating findings with confidence and deriving clear treatment pathways from them.

CONTENTS

- Presenting basic knowledge on airway medicine and its impact on the dental approach
- Implementing airway screenings in everyday practice
- Clinical workflows and structured examination protocols
- Medical history, risk assessment and diagnostic decision pathways
- Integration into restorative, orthodontic and preventive concepts
- Case-based treatment planning and decision-making

GOAL

To apply airway diagnostics confidently in everyday practice and develop structured, reproducible treatment workflows.

KEY MESSAGE

From assessment to action.

WHY THE ACADEMY

Practice first
Clinical workflows, live diagnostics and real patient cases you can apply on Monday morning.

Learn from the best
Experts from all over the world – Germany, Ireland, the UK, the USA and Australia – in airway dentistry, orthodontics, breathing, sleep and ENT.

Your pace, your path
Book single courses that match your interests – or the complete Airway Journey.

SPEAKERS

Dr. Josef Diemer
Dentist and oral surgeon with his own practice in Meckenbeuren since 1989. Specialist in periodontology (DGP) and endodontics (EDA/DGET) with a focus on implantology, Master of Science in Orthodontics (2019) and Kois Graduate and Mentor at the Kois Center in Seattle. Completed Levels I–IV of Complete Bioesthetic Rehabilitation at the OBI, USA.

Dr. Matthias Müller
Dentist with 40 years of experience in his own practice in Hamburg, focusing on function, precise diagnostics and patient-centered education. He shows how airway concepts can be integrated into the dental practice in a structured way.

COURSE TIMES

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Friday 12:00 pm – 5:30 pm
Saturday 9:00 am – 5:00 pm

Course language English
Points 15 (BZÄK/DGZMK)

Point rating according to the recommendation of BZÄK/DGZMK.

GET-TOGETHER

On Friday evening, we round off the first course day with a dinner together at a special location. Drinks are on the Open Airway Academy.

COURSE FEES

Single course €1,500 plus VAT
3 courses or more save €100 per course

Coffee breaks and lunch are included in the course fee. A certificate of attendance is issued for each course.

VENUE & DIRECTIONS

Highlight Towers Munich
Mies-van-der-Rohe-Straße 6
80807 Munich, Germany

Route in Google Maps

Public transport
U6 to Nordfriedhof, then approx. 500 m on foot. Alternatively, tram 23 to Anni-Albers-Straße, approx. 400 m.

Airport
Lufthansa Airport Bus (for passengers of all airlines) to the first stop, Schwabing Nord (Nordfriedhof), approx. 25 minutes.

Car
Via the A9 or the Mittlerer Ring. Parking in the Highlight Towers underground car park.

WHERE TO STAY

INNSiDE München Parkstadt Schwabing
Mies-van-der-Rohe-Straße 10, 80807 Munich
Right next to the Highlight Towers

Motel One München-Parkstadt Schwabing
Anni-Albers-Straße 10, 80807 Munich
Approx. 5 min walk

Munich Marriott Hotel
Berliner Straße 93, 80805 Munich
Approx. 10 min walk

Steigenberger Hotel München
Berliner Straße 85, 80805 Munich
Approx. 10 min walk

No room allotment – please book directly.

REGISTRATION

Secure your spot now:
open-airway.de
Questions? mail@open-airway.de